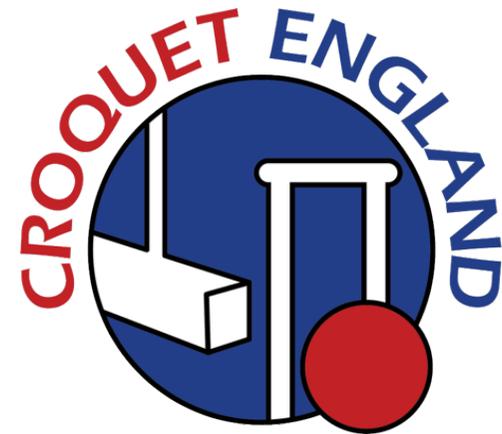


Coaching Booklet

CROQUET CHALLENGE



*Published by Croquet England
First edition*

Name: _____

Notes

Introduction

Regular practice and measuring the improvement it generates is a key to improving your performance. This booklet sets out the exercises used for the Croquet England Steel Award in a framework that encourages you to use them as regular practice routines.

Acknowledgements

This Croquet Challenge booklet owes its origins to Croquet NSW, Australia's PACE booklet. To suit better Croquet England's needs, their exercises have been modified to align with those for the Steel Award. Thank you to members of the Croquet England Coaching Committee for offering very helpful suggestions. Remaining shortcomings are my own. Ian Shore

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The Challenge

Notes

To practice your croquet skills, have a go (up to two attempts each time) at the following three sets of exercises, which mirror those used for the Croquet England Steel Award.

Set 1 - Common to AC and GC

- 1A - Run a Hoop - Half a Yard
- 1B - Run a Hoop - One Yard
- 1C - Run a Hoop - One and a Half Yards
- 2A - Run an Angled Hoop - One Yard / One Foot Left
- 2B - Run an Angled Hoop - One Yard / One Foot Right
- 3A - Roquet or Clear - 2 Yards
- 3B - Roquet or Clear - 3 Yards
- 3C - Roquet or Clear - 4 Yards
- 3D - Roquet or Clear - 5 Yards
- 4 - Rush or Promote

Set 2 - Association Croquet

- AC 5 – The roll shot
- AC 6A – The peg-out - 1 Yard
- AC 6B – The peg-out - 2 Yards
- AC 6C – The peg-out - 2 Yards / 1 Yard
- AC 7A – Hoop approach shot - SW
- AC 7B – Hoop approach shot - NW
- AC 7C – Hoop approach shot - NE
- AC 7D – Hoop approach shot - SE
- AC 8 – The take-off and a simple two-hoop break

Exercise GC 8B - Block - 1 yard

Place a target ball on the centre line of a hoop and two yards in front of the hoop.

From a yard behind the hoop and 2 feet to the side, play the striker's ball to block the target ball.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

Set 3 - Golf Croquet

GC 5A - Close Positioning A - 3 yards

GC 5B - Close Positioning B - 7 yards

GC 6A - Long-Range Positioning A - Hoop 1

GC 6B - Long-Range Positioning B - Hoop 2

GC 7A - Stun Shot - 3 Inches

GC 7B - Stun Shot - 1 Foot

GC 8A - Block - 2 feet

GC 8B - Block - 1 yard

Score 10 points for getting it on the first attempt, 5 points on the second attempt.

Repeat each exercise three times, and add up the points achieved in the three rounds.

Return on a later date to repeat the process, attempting to improve the previous score.

Imperial to Metric

4 yards = 3.66 metres 1 yard = 0.91 metres

3 yards = 2.74 metres 18 inches = 0.45 metres

2 yards = 1.83 metres 1 foot = 0.31 metres

3 inches = 0.08 metres

Exercise COMMON 1A - Hoop Run - Half a Yard

Run the hoop from a spot on the centre line of the hoop, and half a yard in front of it.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

Exercise GC 8A - Block - 2 feet

Place a target ball on the centre line of a hoop and two yards in front of the hoop.

From 2 feet directly to the side of the hoop, play the striker's ball to block the target ball.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

Exercise GC 7B - Stun Shot - 1 Foot

Mark the position of a target ball 1 foot from striker's ball.

Play the striker's ball with a stun or stop shot so that the striker's ball moves less than a foot after contact with the target ball.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

Exercise COMMON 1B - Hoop Run - One Yard

Run the hoop from a spot on the centre line of the hoop, and one yard in front of it.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

**Exercise COMMON 1C -
Hoop Run - One and a Half Yards**

Run the hoop from a spot on the centre line of the hoop, and one and a half yards in front of it.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

Exercise GC 7A - Stun Shot - 3 Inches

Mark the position of a target ball 3 inches from striker's ball.

Play the striker's ball with a stun or stop shot so that the striker's ball moves less than a foot after contact with the target ball.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

**Exercise GC 6B
Long-Range Positioning - Hoop 2**

Play the striker's ball from level with hoop 1, one foot to either side, to within a four yard right angled fan of success in front of hoop 2.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

**Exercise COMMON 2A -
Angled Hoop Run - One Yard / One Foot (Left)**

Run the hoop from a spot a yard away from the hoop, and one foot to the left of the centre line.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

**Exercise COMMON 2B -
Angled Hoop Run - One Yard / One Foot (Right)**

Run the hoop from a spot a yard away from the hoop, and one foot to the right of the centre line.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

**Exercise GC 6A -
Long-Range Positioning - Hoop 1**

Play the striker's ball from the starting corner to within a four yard right angled fan of success in front of hoop 1.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

Exercise GC 5B - Close Positioning - 7 yards

Play the striker's ball from one yard south of hoop 5, on the centre line of hoop 5, to within a four yard right angled fan of success in front of hoop 1.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

Exercise COMMON 3A - Roquet or Clear - 2 yards

Play striker's ball to hit a target ball two yards away.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

Exercise COMMON 3B - Roquet or Clear - 3 yards

Play striker's ball to hit a target ball three yards away.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

Exercise GC 5A - Close Positioning - 3 yards

Play the striker's ball from half way between the west boundary and hoop 1, level with hoop 1, to within a four yard right angled fan of success in front of hoop 1.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

**Exercise AC 8 -
The take-off and a simple two-hoop break**

Place partner ball as a pilot at hoop 1, and the two opposition balls as pioneer at hoop 2 and as pivot. The candidate chooses his or her preferred positions for these three balls.

Roquet or nudge the pilot at hoop 1; play a simple hoop approach shot; run the hoop; roquet partner ball and take off to the pivot; roquet the pivot and take off to the pioneer at hoop 2; roquet the ball at hoop 2, take croquet and run hoop 2.

One bisque is available to be used if needed.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

Exercise COMMON 3C - Roquet or Clear - 4 yards

Play striker's ball to hit a target ball four yards away.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

Exercise COMMON 3D - Roquet or Clear - 5 yards

Play striker's ball to hit a target ball five yards away.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

Exercise AC 7D - Hoop Approach SE

Place partner ball a yard SE of the hoop. Play a croquet stroke of your choice such that striker's ball is moved to a hoop running position and partner ball is moved to the non-playing side of the hoop. Run the hoop and roquet partner ball.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

Exercise AC 7C - Hoop Approach NE

Place partner ball a yard NE of the hoop. Play a croquet stroke of your choice such that striker's ball is moved to a hoop running position and partner ball is moved to the non-playing side of the hoop. Run the hoop and roquet partner ball.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

Exercise COMMON 4 - Rush or Promote

On full lawn, place partner ball either to the left or to the right of hoop 5 and two yards north of it. (On half lawn, place partner ball beside hoop 5).

Place striker's ball one foot behind partner ball, lined up towards the peg. Rush/promote partner ball to a point within two yards (in any direction) of the peg.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

Exercise AC 5 - Roll Shot

On full lawn, place partner ball two yards NE of hoop 1. On half lawn, place partner ball one yard E of hoop 1.

Play a roll shot such that, on a full lawn, partner ball is moved to within 3 yards of hoop 3, in any direction, and the striker's ball within 3 yards of the peg, in any direction. (For half lawn, partner ball is moved to within 2 yards of hoop 3 and the striker's ball within 2 yards of the peg.)

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

Exercise AC 7B - Hoop Approach NW

Place partner ball a yard NW of the hoop. Play a croquet stroke of your choice such that striker's ball is moved to a hoop running position and partner ball is moved to the non-playing side of the hoop. Run the hoop and roquet partner ball.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

Exercise AC 7A - Hoop Approach SW

Place partner ball a yard SW of the hoop. Play a croquet stroke of your choice such that striker's ball is moved to a hoop running position and partner ball is moved to the non-playing side of the hoop. Run the hoop and roquet partner ball.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

Exercise AC 6A - Peg Out - 1 Yard

Place partner ball one yard from the peg. Play a croquet stroke and continuation stroke to peg out both balls in turn.

For each attempt move round the peg to a different starting point.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

Exercise AC 6B - Peg Out - 2 Yards

Place partner ball two yards from the peg. Play a croquet stroke and continuation stroke to peg out both balls in turn.

For each attempt move round the peg to a different starting point.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	

Exercise AC 6C - Peg Out - 2 Yards / 1 Yard

Place partner ball two yards from the peg, and the striker's ball a yard away from it in any position you choose. Play roquet, croquet and continuation shots to peg out both balls in turn.

For each attempt move round the peg to a different starting point.

*For each round score 10 points for getting it on the first attempt, 5 points on the second attempt.

Date	Round	Score achieved (*circle)	Total for 3 Rounds
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	
	1	10 / 5	
	2	10 / 5	
	3	10 / 5	